

LITTLE LIONS & JUNIORS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Lions			Sempai Nicole & Sensei Trent 5:15pm - 5:45pm			
Junior White	Sensei Trent & Sempai Priya 5:30pm - 6pm					Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
Junior Yellow, Blue & Orange		Sempai Chris & Sempai Nicole, Sempai Andrew & Sempai Jaden 6pm - 6:45pm				Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
Junior Green				Sensei Scott & Sempai Priya 5:30pm - 6:15pm		Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
Junior Purple				Sensei Yashani & Sempai Connor 6:15pm - 7:00pm		Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
Junior Red / White			Sempai Dian & Sempai Zong 6:00pm - 6:45pm			Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
Junior Red		Sempai Connor & Sempai Phil 7:00pm - 7:45pm			Sempai Phil & Sempai Nicole 6pm - 6:45pm	Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
All Junior Browns (2nd & 1st Kyu)		Shihan & Sensei Yashani 8:00pm - 8:45pm			Shihan & Sempai Nicole 7:00pm - 7:45pm	Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
Junior Black Belts	Sensei Adam & Sensei Yashani 6:00pm - 6:45pm			Sensei Adam & Sensei Scott 6:30pm - 7:15pm		Fitness Training with Sempai Michael Rakic 8:30am - 9am - BONUS FREE CLASS
INTERMEDIATE & SENIORS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
White, Yellow, Blue, Orange			Sempai Dian & Sempai Zong 7:00pm - 7:45pm			Boot Camp with Sempai Michael Rakic 9:10am - 10:20am BONUS FREE CLASS
Red / White & Red			Sensei Trent & Sempai Ahmad 7:00pm - 7:45pm			Boot Camp with Sempai Michael Rakic 9:10am - 10:20am BONUS FREE CLASS
Brown / White & Brown	Sensei Adam & Shihan 7pm - 7:45pm			Sensei Scott & Sempai Ahmad 7:30pm - 8:15pm		Boot Camp with Sempai Michael Rakic 9:10am - 10:20am BONUS FREE CLASS
Black Belts	Shihan & Sensei Yashani 8pm - 8:45pm			Sensei Scott & Sensei Adam 8:30pm - 9:15pm		Boot Camp with Sempai Michael Rakic 9:10am - 10:20am BONUS FREE CLASS